Swechha™

Makhana

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Swechha Makhana comes in two flavours

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A snack that brings Nutrition with taste

Protein 7.65 g

Fiber 5.04 g

Calcium 188.79 g

Nutrition	Swechha Premium Makhana
Energy	494.54 kcal
Protein	7.65 g
Carbohydrates	65.53 g
Fats	22.38 g
Fiber	5.04 g
Calcium	188.79 mg

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Swechha Makhana Features -

- It is gluten free.
- Best quality makhana is used.
- It is roasted not fried.
- Natural spices used.
- Healthy snack option for all.
- Ready to eat snack that can be taken anywhere and used anytime.

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Swechha™

How to use -

- For breakfast
- Evening tea time
- During fast
- For children as an alternative to fried snacks

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